



EYEBROW MICROBLADING

Pre-Care Instructions

Preparing for your appointment

Before your permanent cosmetic enhancement, consider the look you would like to achieve. Your preferences are an important part of choosing the brow shape and color. Tammy will help select a style that complements your features.

Permanent cosmetic enhancements may require more than one session. Plan for a follow-up procedure approximately 4–6 weeks after your initial appointment. Immediately after treatment, pigment can appear darker and more intense; the color softens during healing, which may take up to 14 days.

Before your visit

- Wear your normal makeup to your appointment so Tammy can see your preferred everyday look.
- Avoid scheduling important social plans on treatment day because the area may look red or swollen.
- Do not take aspirin or ibuprofen for 2 days before or after your appointment unless your physician advises otherwise. Never discontinue any medication without consulting your doctor.
- Keep alcohol intake to a minimum for 2 days before and 2 days after treatment.
- A sensitivity test will be performed unless waived upon request.
- Avoid Retin-A skincare products near the brow area for 1 month before and 1 month after treatment.
- Avoid AHA skincare products near the brow area for 2 weeks before and 2 weeks after treatment.
- Complete eyebrow waxing at least 3 days before treatment; electrolysis at least 5 days before; and IPL laser hair removal at least 2 weeks before.
- Do not tint your eyebrows for 2 weeks after treatment.

Additional considerations

The original pre-care guidance states that blood donation may be restricted for up to one year after permanent cosmetic enhancement. Check current eligibility requirements with your blood donation provider.

Questions before your appointment? Please contact Microblading by Tammy.



PRE-CARE QUICK GUIDE

Eyebrow Microblading | At-a-Glance

TIMEFRAME	INSTRUCTIONS
1 month before	• Avoid Retin-A skincare products near the treatment area for 1 month before and 1 month after treatment.
2 weeks before	• Avoid AHA skincare products near the treatment area for 2 weeks before and 2 weeks after treatment. • Complete IPL laser hair removal treatments at least 2 weeks before your appointment.
5 days before	• Complete any electrolysis treatments.
3 days before	• Complete any eyebrow waxing.
2 days before	• Avoid aspirin and ibuprofen for 2 days before and 2 days after treatment, subject to physician approval. • Minimize alcohol consumption for 2 days before and 2 days after treatment.
Appointment day	• Wear your normal makeup so Tammy can see your preferred style. • Avoid scheduling important social activities, as temporary redness or swelling may occur.
Homework	• Consider your desired eyebrow shape and color. • A sensitivity test may be performed unless waived. • Discuss medications and relevant medical concerns with your clinician and Tammy.
Things to Expect	• Expect initially darker pigment that gradually softens during healing, potentially taking up to 14 days. • Schedule a follow-up procedure 4-6 weeks after treatment. • Avoid eyebrow tinting for 2 weeks after treatment.

Do not stop prescribed medications without consulting your prescribing clinician.